



The school's Christian vision

Our five core Christian values
Trust, Honesty, Compassion, Respect and Kindness
 are centred on

'Do to others as you would like them to do to you.' (Luke 6:13)

Through these values we inspire children to be the best they can be. Encouraging high aspirations and expectations that will allow them to achieve, explore, succeed and prepare for their own path through life.



St Michael's CE VA Primary School, Lyme Regis

Curriculum Statement for the teaching and learning of Physical Education

At St Michael's Primary School, we are committed to providing our children with a curriculum that has a clear intention and impacts positively upon their needs.



DfE Vision: All pupils leave primary school physically literate and with the knowledge, skills, and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

At St Michael's Primary we strongly believe that all children should have access to a thoroughly planned, progressive physical education programme, which places a real emphasis on developing a wide range of physical competences, while encouraging healthy competition and teamwork. Throughout their time at St Michael's Primary our teachers strive to equip all children with the necessary skills, knowledge, and range of physical experiences to motivate them to lead lifelong active, healthy lifestyles in which they continue their participation in physical activity and sport.

Curriculum
 Our physical education curriculum is carefully planned to include a range of indoor and outdoor based lessons throughout the year and provides a varied and progressive learning programme. All children will receive at least two hours of engaging, high quality, and enjoyable physical education lessons per week, as well as taking part in at least half an hour of physical activities per day. Appropriate provision is in place to support a range of learning needs and abilities and ensure positive outcomes for all children.

The aims of teaching PE in our school are:

- To participate in a wide range of sports and physical activities.
- To develop and apply teamwork skills.
- To develop resilience, determination and drive to achieve their best.
- To compete in a range of competitive events.
- To organise and lead their own activities, events, and games, where appropriate.
- develop and model the skills of 'good sportsmanship', including respect for rules and the ability to win or lose gracefully.

Through PE, teachers will:

- Model a positive attitude to sports and physical activity.
- Encourage active participation and engagement in a range of physical activities.
- Seek and embrace opportunities for their own CPD.
- Plan and lead a range of regular sporting clubs or other physical activities.
- Seek and plan events where children can perform or compete.
- Celebrate children's success and personal achievements in sports and physical activity.

Competition
 We aim to give all children the opportunity to experience competitive sport by planning and participating in regular school-based events such as sports days, inter-school leagues and other local or regional events that may be appropriate and available. Examples include sports day, interschool matches etc.

Special Educational Needs Disability (SEND) / Pupil Premium / Higher Attainers
 All children will have Quality First Teaching. Any children with identified SEND or in receipt of pupil premium funding may have work additional to and different from their peers in order to access the curriculum dependent upon their needs. As well as this, our school offers a demanding and varied curriculum, providing children with a range of opportunities in order for them to reach their full potential and consistently achieve highly from their starting points.

To ensure high standards of teaching and learning in Physical Education, we implement a curriculum that is progressive throughout the whole school. Physical Education is taught as part of week topics, focusing on knowledge and skills stated in the National Curriculum. At St Michael's Primary School, we ensure that Physical Education has the same importance given to it as the core subjects, as we feel this is important in enabling all children to gain 'real-life' experiences.

The physical education curriculum at St Michael's Primary School is based upon the 2014 Primary National Curriculum in England, which provides a broad framework and outlines the knowledge and skills and taught in each Key Stage. Teachers plan lessons for their class using our progression document. Teachers can use this document to plan their Physical Education lessons suitable to their class's interests and what they want to learn, with links to the wider Key Stage topics. The progression document ensures the curriculum is covered and the skills/knowledge taught is progressive from year group to year group.

When teaching Physical Education, the teachers should follow the children's interests to ensure their learning is engaging, broad and balanced. Physical Education teaching focuses on inspiring all pupils to succeed and excel in competitive and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way that supports mind and body.

Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

Within Physical Education we strive to create a supportive and collaborative ethos for learning by providing progression of knowledge and skills across the year groups, through the practice of both independent and collaborative learning. Learning opportunities are further extended through set tasks such as multi-skill games.

Emphasis is placed on the importance of managing the mind body throughout activity by teaching the importance of warm up and cool down exercises and examine the effects exercise has on both the physical mind and body.

We measure the impact of our curriculum through the following methods:

- Assessing children's understanding of topic before and after the topic is taught.
- Summative assessment of pupil skills, linked to lesson plan learning objectives where appropriate.
- Images and videos of the children's practical learning.
- Interviewing the pupils about their learning (pupil voice).
- Governor monitoring from the Curriculum Standards and Effectiveness committee.
- Annual reporting of standards across the curriculum.