

St Michael's CE Primary School
PSHE Curriculum Overview Year 1 - SCARF



Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS Year 1 & 2	Me and My Relationships My feelings (R) My feelings (2) (R) Feelings and bodies (Y1) Why we have classroom rules (Y1) Our ideal classroom (1) (Y2) Let's all be happy! (Y2)	Valuing Difference I'm special, you're special (R) I am a friend (R) Same or different? (Y1) Unkindness, teasing or bullying? (Y1) What makes us who we are (Y2) Solve the problem (Y2)	Keeping Safe What's safe to go onto my body (R) People who help to keep me safe (R) Super sleep (Y1) Harold loses Geoffrey (Y1) Harold's picnic (Y2) How safe would you feel? (Y2)	Rights and Respect Looking after my special people (R) Caring for our world (R) Harold has a bad day (Y1) Around and about the school (Y1) When I feel like erupting (Y2) Harold saves for something special (Y2)	Being my Best Bouncing back when things go wrong (R) Yes I can (R) I can eat a rainbow (Y1) Catch it! Bin it! Kill it! (Y1) You can do it! (Y2) My day (Y2)	Growing and Changing Life Stages – plants, animals, humans (R) Life stages: Human life stage – who will I be? (R) Healthy me (Y1) Keeping privates private (Y1) A helping hand (Y2) Respecting privacy (Y2)
KS2	Me and My Relationships Looking after our special people (Y3) Ok or not ok? (part 1)(Y4) Ok or not ok? (part 2) (Y4) Our emotional needs (Y5) Being assertive (Y5) Assertiveness skills (Y6)	Valuing Difference Respect and challenge (Y3) Our friends and neighbours (Y3) That is such a stereotype! (Y4) Qualities of friendship (Y5) Advertising friendships (Y6) Boys will be boys? – challenging gender stereotypes (Y6)	Keeping Safe Safe or unsafe? (Y3) Picture wise (Y4) Medicines: check the label (Y4) Vaping: healthy or unhealthy? (Y5) Would you risk it? (Y5) Rat Park (Y6)	Rights and Respect Earning money (Y3) Why pay taxes (Y4) What's the story? (Y5) Fact or opinion(Y5) Democracy in Britain 1 – Elections (Y6) Democracy in Britain 2 – How (most) laws are made (Y6)	Being my Best Poorly Harold (Y3) Body team work (Y3) What makes me ME! (Y4) Making choices (Y4) Basic first aid, inc. Sepsis awareness (Y5) This will be your life! (Y6)	Growing and Changing None of your business (Y3) Secret or surprise? (Y4) How are they feeling? (Y5) Taking notice of our feelings (Y5) Pressure online (Y6) Helpful or unhelpful? Managing change (Y6)