

St Michael's CE Primary School

PE Curriculum Overview



Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Me and Myself	Movement and development	Throwing and catching	Ball skills	Fun and games	Working with others
Year 1 & 2 Cycle A	Football and Handball	Gymnastics and Fitness	Dance and Dodgeball	Gymnastics and Orienteering	Netball and Tennis	Athletics and Rounders
Year 1 & 2 Cycle B	Hockey and Rugby	Gymnastics and Fitness	Dance and Golf	Gymnastics and Orienteering	Basketball and Volleyball	Athletics and Cricket
Year 3 & 4 Cycle A	Football and Handball	Gymnastics and Fitness	Dance and Dodgeball	Gymnastics and Orienteering	Netball and Tennis	Athletics and Rounders
Year 3 & 4 Cycle B	Hockey and Rugby	Gymnastics and Fitness	Dance and Golf	Gymnastics and Orienteering	Basketball and Volleyball	Athletics and Cricket
Year 5 & 6 Cycle A	Football and Handball	Gymnastics and Fitness	Dance and Dodgeball	Gymnastics and Orienteering	Netball and Tennis	Athletics and Rounders
Year 5 & 6 Cycle B	Hockey and Rugby	Gymnastics and Fitness	Dance and Golf	Gymnastics and Orienteering	Basketball and Volleyball	Athletics and Cricket