St. Michael's CE Primary School

St Michael's CE Primary School

Our Curriculum Drivers: Physical Education

Curiosity	Determination & Resilience	Responsibility
PE at St Michael's encourages children to explore movement, sport, and physical activity with curiosity and enthusiasm. Pupils are inspired to try new skills, investigate how their bodies work, and discover the joy of being active. We nurture a love of learning through physical exploration, helping children understand the importance of health, fitness, and teamwork. *"Fostering the joy of anticipation, investigation and discovery."*	Physical Education helps children build resilience through challenge, competition, and personal growth. Pupils learn to persevere when developing new skills, overcome setbacks, and strive to improve their performance. Determination is celebrated as children set goals, work collaboratively, and take pride in their achievements—both individually and as part of a team. *"We want children to develop and hold attitudes and abilities including self-awareness, resilience, assertiveness, creativity, pride, problem solving and self-advocacy skills."*	Our PE curriculum teaches children to take responsibility for their physical well-being, behaviour, and contribution to team activities. Pupils learn to respect rules, support others, and make safe and fair choices. We encourage children to be accountable for their actions, understand the impact of their behaviour on others, and develop leadership and sportsmanship. *"Responsibility involves making decisions, being trusted, and learning to take credit for one's actions – whether good or bad."*