

# Knowledge Organiser - Year 1&2 Athletics

## Key Vocabulary

Coordination, Movement, Aim, Throw, Landing, Teamwork, Measure, Target, Balance, Improve, Jump

## Resources and Equipment

### Beanbags



### Balls



### Cones



## What are we aiming for?

To master basic movements including:

Running



Jumping



Throwing



Catching



Balance



Agility



Coordination

